



Creamy Noodle Soup

Ingredients

- 65 g MAGGI 2-Minute Chicken Noodles
- 30 g Oil, Olive, Salad Or Cooking
- 0.5 cup Nuts, coconut milk, raw (liquid expressed from grated meat and water)
- 140 g Onions, Raw
- 10 g Garlic, Raw
- 10 g Leeks, Stalk (Woolworthsfood Leeks)
- 2 tsp Spices, Paprika
- 1 Carrots, Raw
- 1 Squash, Zucchini, Baby, Raw
- 1 sprig Parsley, Fresh
- 125 g Soup, Vegetable Broth, Ready To Serve

Instruction

1. Soak MAGGI 2-MINUTE NOODLES in hot water for about 2 minutes, drain and set aside.
2. In a pan, cook (saute) minced red onion, garlic and leeks until soft.
3. Add paprika and coconut, bring to a simmer then reduce to a desirable consistency.
4. Continue adding sliced carrots, baby marrow and further cook for about 15 minutes.
5. Add MAGGI 2-MINUTE NOODLES and toss until evenly coated.
6. Serve hot and garnish with freshly chopped parsley.

Nutrition

Carbohydrates	35.23 g
Energy	472.16 kcal
Fats	35.13 g
Protein	6.62 g

🕒 12 Minutes

⊕ 2 Portions